



# SHADE

the EATERY

AT HIGGINS BEACH INN



## BREAKFAST

**TWO EGGS YOUR WAY...14**  
served with bacon or sausage,  
home fries and toast

**AVOCADO TOAST...16**  
crispy fried egg, sour dough toast,  
mashed avocado, hot & sweet Serrano  
chilies, choice of home fries or fresh fruit

**BLT SANDWICH...14**  
heirloom tomatoes, bacon,  
organic greens, lemon aioli  
for \$4 add an egg

**BELGIAN WAFFLE...14**  
cooked golden brown, topped with  
butter & powder sugar served with  
real maple syrup  
for \$3 add fresh whip cream or  
chocolate chips for \$5 add fresh berries



**EGGS BENEDICT...18**  
two poached eggs served on toasted  
english muffin with Canadian bacon,  
hollandaise, choice of  
home fries or fresh fruit

**BREAKFAST ENCHILADA ...17**  
flour tortilla filled with two scrambled  
eggs, pepper jack cheese and chorizo  
topped with chili verde, salsa fresca &  
sour cream

**GARDEN TOFU SCRAMBLE ...16**  
sautéed in avocado oil, kale,  
heirloom tomato, basil,  
yukon potatoes, broccoli,  
scallion, sour  
dough toast



## SIDES

**HOME FRIES...6**  
**FRUIT CUP...8**  
**BACON...6**  
**REAL MAPLE SYRUP...3**

**SAUSAGE...6**  
**2 EGGS...8**  
**TOAST...4**  
**GARDEN SALAD...8**



## NOT JUST FOR KIDS

**CHEESY EGGS...12**  
two scrambled eggs, cheddar,  
toast with raspberry jam

**ENGLISH MUFFIN EGG  
SANDWICH...12**  
one fried egg, Canadian bacon,  
cheddar, fresh fruit



## COCKTAILS

**MIMOSA...12**  
house brut, oj

**BLOODY MARY...14**  
Ice Pik vodka,  
in house bloody mary mix,  
garnished with all the  
toppings

**SPIKED COFFEE...14**  
add a shot of Bailey's,  
Kahlua, or Jamesone

## BEVERAGES

**COFFEE...4**  
local Carrabassett  
regular or decaf

**ASSORTED TEAS...4**  
English breakfast blend,  
earl grey, chamomile,  
green tea

**JUICES...4**  
orange, cranberry, grapefruit,  
pineapple

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions.

All food and beverage prices are subject to Maine State Sales Tax (8%)